

NEW Workshop!

TRAUMA INFORMED PRACTICE

Visit our website
www.interlead.co.nz
to enrol and secure your
space on this workshop.

Here is an exciting opportunity to support you to learn about the neuroscience of stress, trauma, and the brain; and explore ways to be more trauma-informed and hauora-centred so that all learners thrive.

We live in a time when all our whānau have experienced the challenges of Covid 19 and many families continue to experience high levels of stress, insecurity and uncertainty for a range of reasons.

Our young people are impacted by this in different ways. Many schools and ECE centres are seeing increased levels of dysregulated behaviour and anxious or stressed tamariki. Across Aotearoa there is a growing awareness of the importance of trauma-informed education.

However, for schools and ECE centres to be truly inclusive, and establish and embed philosophies and practice informed by relational neuroscience and indigenous knowledge, a strategic, comprehensive approach is needed to strengthen the hauora and resilience of tamariki, whānau, and all staff.

- Learn about the journey, challenges and impact of 2021 Prime Minister's Education Excellence Award Winner - Wellbeing - Henry Hill School's Trauma Informed Approach.
- Healing a community through therapy.
- Define and understand Trauma through a mind-body-heart lens.
- Link to Te Ao Māori through pūrākau.
- Explore Intergenerational Trauma through lived experience and insight.
- Practical regulatory activities that can be used to help calm the nervous system.
- Brain development & Adverse Childhood Experiences.
- Q & A session.

Enrolments
close on the
7th November
at 10.00am!

VENUE	Havelock North Function Centre, 30 Te Mata Road, Havelock North
DATE	Monday, 14th November 2022 - 9.00am to 3.00pm
INVESTMENT	\$220.00 + GST per person. <i>This includes morning tea and lunch and any course material.</i>
CONTACT	If you have any questions about this workshop, please email Sarah at learning@interlead.co.nz

